

*The Pilates Institute of Boulder, Inc & The Pilates  
Institute of North America, Inc.*

## **Study with the Best at**

**"The Pilates Institute of Boulder, Inc. & The  
Pilates Institute of North America, Inc.**



**JAY GRIMES teaching at the Insitute**



**Edgar Tirado and Romana Kryzanowska**

*The Pilates Institute of Boulder, Inc & The Pilates  
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**Jay teaching Kathi-Ross Nash**



**Brooke Siler teaching**

**at the Pilates Institute of Boulder**



**Peter Fiasca at  
The Pilates Institute of Boulder, Inc.**

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Institute of North America, Inc.*



**Siri Galliano and Jay Grimes - our journey begins again at Big Bear  
Lake.....**



**The Ron Fletcher Birthday Celebration, May 2011 Tucson**

The Pilates Institute of Boulder, Inc.

## **PILATES TEACHER TRAINING AND CERTIFICATION October 1, 2011**

- COMPREHENSIVE PILATES TEACHER EDUCATION CERTIFICATION PROGRAM
- PILATES FULL MAT CERTIFICATION



Twist II on the Mat

Call: Richard 720-371-3236, email:  
[rossiter1@msn.com](mailto:rossiter1@msn.com)

or

Bonnie : 720-971-0655

[www.pilatesinstituteboulder.com](http://www.pilatesinstituteboulder.com)

Approved and Regulated by The Colorado  
Department of Higher Education, Private  
Occupational School Board

&

Approved by Colorado State Approving  
Agency for Veterans Education and  
Training



Sg. Arm, Sg. Leg Pull-up Chair

**Individual Teacher Training Programs are now available**  
**with flexible start dates to fit your life.**  
**Call or email to register for your course.**

**Location: Pilates of Boulder, 95<sup>th</sup> & Arapahoe (2770 Dagny Way, Ste. #106, Lafayette, CO**

**PRE-REQUISITE:** Certification by POB at the Intermediate Pilates Teacher Education (Level 1-III) OR Test out to demonstrate level of competence

**Business Address: 4614 Starboard Dr., Boulder, CO 80301 Ph: 303-818-0700 or 303-443-2439**  
**[www.pilatesinstituteboulder.com](http://www.pilatesinstituteboulder.com)**